















NITY ANNUAL REPORT



MISSION

To reduce the use of alcohol, marijuana and other drugs among youth in Bannockburn, Deerfield, Highland Park, Highwood & Riverwoods.

PRESIDENTS' MESSAGE

As Co-Presidents of CTAD's Board of Directors, we could not be more proud of CTAD's work supporting our community and our youth—especially after multiple tragedies impacted our community in 2022. Our volunteers, students in our youth group, and our partner organizations came together as a team, working for the physical and emotional well-being of our community. Each of our committees worked to inform residents about available resources on coping with trauma while also advancing effective drug use prevention. We promoted a 24/7 emotional support text line, developed the YOU MATTER awareness campaign, and hosted a webinar on creating a sense of stability for our youth.

And our efforts are paying off. The 2022 Illinois Youth Survey showed alcohol and marijuana use among teens in our community is the lowest it has ever been!

From our hearts, **thank you to everyone whose commitment to our students endured through good times and bad**. And thank you to the Healthcare Foundation of Highland Park and Township High School District 113 for their ongoing, critical support.

Jim Boyle

CTAD Co-President Trustee, Village of Bannockburn

James P. Boyle

1 Himmy

Luisa Espinosa-LaraCTAD Co-President
Community Liaison,
Highland Park High School

Pictured on the front: 1) Delta HP President Olivia Alvarez accepts Character Counts! award from Mayor Rotering • 2) Michelle Culver & Nancy Nervick from CTAD's Parent Committee • 3) Izzy Weintraub & Martin Clancy from CTAD's Membership Committee • 4) Delta DHS students conduct interactive trivia in cafeteria • 5) Delta HP student Karys Walker conducts interactive trivia in cafeteria • 6) Sandra Wichner conducts training for Delta DHS & Delta HP students • 7) CTAD Annual Meeting • 8) Leonor Carillo draws positive chalk art outside HPHS



VISION

A safe, healthy community in which our youth feel protected, confident and empowered to make drug-free choices.

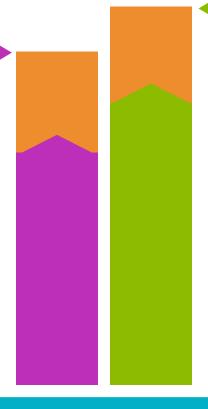
CTAD'S IMPACT

Since CTAD was formed in 2015:



MORE DHS & HPHS students choose to AVOID alcohol & marijuana.





86% of District 113 students choose to be MARIJUANA-FREE Up from 76% in 2014



FEWER DHS & HPHS students think it's cool to use alcohol or marijuana.

Perceived coolness of teen alcohol use dropped from 53% in 2014 to 33% in 2022



Perceived coolness of teen marijuana use dropped from 56% in 2014 to 36% in 2022

2022 ACCOMPLISHMENTS



Assessment & Evaluation to monitor progress and identify concerns consisted of six different surveys of youth, parents & community members



Middle School Student Education on vaping, alcohol & marijuana was provided by teachers, school resource officers & health department



Accessibility to recorded webinars increased with Spanish video on how to turn on YouTube subtitles



Parent Outreach consisted of bi-monthly toolkit, tabling events,

presentations to parent groups and a



Festive Fun Drinks without alcohol were offered at three stops at Highwood's Girls Night Out including El Buren Caribbean Cuisine



Parent & Youth Collaboration resulted in online party toolkit with teen-approved tips & activities



Available as the app "Lake County Help"

Response to **Highland Park Shooting** included promotion of a local 24/7 support line via all CTAD communications channels, at drop-in counseling centers and in the annual, high school awareness campaign which was completely adapted to be sensitive to those who may have experienced trauma

Alcohol Awareness Campaigns continued at Edgewood & Northwood Middle Schools including "Not a Game" for students and "Keep showing up. They're still growing up." for parents/guardians



Marijuana Advertising Violations were reported and the confusing process to submit a complaint was simplified in an infographic







High School Youth Group Delta promoted drug-free choices with YOU MATTER awareness campaign, interactive trivia, chalk art & presentations to parent groups



2023 PRIORITIES



Provide parents/ guardians with tools to talk to their teens and tweens about the risks of marijuana use



Recruit and train **DHS & HPHS** students to promote healthy, drug-free choices to their peers as part of the Delta youth program





Utilize the strategies recommended by the CDC for the biggest impact and long-lasting change





Encourage families to monitor and secure their home supplies of alcohol and marijuana

Promote safe and drug-free alternatives for teens after dances and other activities





Offer middle school students lessons from evidence-based programs such as Catch My Breath and Too Good for Drugs



Work with festival organizers and party hosts to offer festive. non-alcoholic drinks

for youth and others who cannot or choose not to drink alcohol





Develop a new drug awareness campaign with input from youth

Offer workshops, fact sheets and resource guides tailored for our community







Increase collaboration between community organizations, parents and youth **VOLUNTEERS**

ty-The Anti-Drug Coalition es to reduce the use of marijuana and other drugs g youth in Bannockburn, erfield, Highland Park, od and Riverwoods, Illinois

e a coalition of: arents Students Schools



COMMUNICATIONS



Develop drug awareness campaigns, produce monthly parent newsletters & promote events

DELTA YOUTH



Inspire peers at DHS & HPHS to be drug-free through educational trivia events & awareness campaigns

EVALUATION



Collect, analyze and interpret data to inform programming & monitor progress



Provide oversight and guidance of CTAD finances & fundraising initiatives

PARENT OUTREACH



Develop parent resources, workshops & presentations

MEMBERSHIP



Recruit, engage, recognize & retain volunteers

WORKING TOGETHER TO MAKE THE DRUG-FREE CHOICE THE EASY CHOICE

Olivia Alvarez Minelle Amezquita Forrest Anderson Kathryn Anderson Lea Bacci

Mia Barnett Anacany Barrera Olivia Bernath Yaneli Betancourt

James Boyle Lilly Brandt Amy Bricker Lori Buchaklian Shelley Byrnes Lexi Calderon

Anthony Candela Martin Castro Carolyn Cerf John Chambers Kayla Chang Martin Clancy Holly Colin Scott Coren

Michelle Culver

Bruce Dayno Shea Donahue Vanessa Dugo Jessica Ebroon Stephanie Eisenberg James Eldridge Sophie Engerman Sloane Farber Autumn Fallas Mark Filler Debby Finn Felicia Firestone Julia Fleischer

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Don McCord Adam Mihelbergel Nicole Mlynski Payton Murrillo-Huhn Nancy Nervick Ghida Neukirch

Kasia Nodland John Norris Bob Ogden Jorie Ouimet Laura Parise Margaret

Polovchak Lili Richter Bryan Rome **Brian Romes** Harriet Rosenthal Nancy Rotering Lauren Russ Katharina Rygiel Steve Sadin Nicholas Shapkarov

Joseph Shapkarov

Martha Silberman Jamie Sklare Teresa Stadler Eric Steckling Kent Street Justine Taitler Noa Treves Walt Trillhaase Ava Van Every

Brian Verisario Karys Walker Karen Warner Charla Waxman Izzy Weintraub Hanna Wierzba Mia Zaban Kris Zerfass

Your perspective, expertise, talents and time can give youth a greater chance for a successful future.

Names in purple represent youth volunteers

BOARD OF DIRECTORS

2023 EXECUTIVE BOARD

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Co-President Luisa Espinosa-Lara
Vice President Dr. Lilly Brandt
Vice President Jennifer Ginopolis
Treasurer Amy Hyndman
Secretary Kent Street
Member-at-Large Al Maciareillo

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Scott Coren
Vanessa Dugo
Luisa Espinosa-Lara
Karen Levi
Jamie Lorenz
Lauren Maldonado

Laura McCarty John Norris Dr. Laura Parise Eric Steckling Walt Trillhaase

Honorary Directors:

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2022 OUTGOING BOARD OF DIRECTORS

Carolyn Cerf

Alesia Margetis

FINANCIAL SUPPORT

CTAD offers its heartfelt thanks for the financial support it receives from local foundations, compassionate community leaders and caring residents.



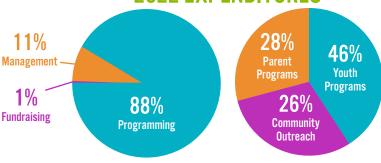


INDIVIDUAL DONORS

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2022 EXPENDITURES



Your donation has double the impact! Financial contributions count toward a dollar-for-dollar match with a grant from the CDC.

www.CommunityTheAntiDrug.org or mail to: **Community – The Anti-Drug Coalition** c/o Deerfield High School 1959 Waukegan Rd Deerfield IL 60015

OUR PARTNERS



































































Community – The Anti-Drug Coalition

Offices located at Deerfield & Highland Park High Schools courtesy of Township High School District 113

Executive Director Barbara de Nekker **Associate Director**Catherine Spencer

Delta StaffLisa Burns
Sandra Wichner

www.CommunityTheAntiDrug.org

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