



# JOIN THE MOVEMENT

## TO KEEP TEENS DRUG AND ALCOHOL FREE

### OUR MISSION

**Community—The Anti-Drug (CTAD) Coalition** strives to build and sustain a safe and healthy community in which our **youth feel protected, confident and empowered to make drug-free choices**. Our mission is to reduce the use of alcohol, marijuana, and other drugs among youth in Bannockburn, Deerfield, Highland Park, Highwood and Riverwoods, Illinois.

We bring together input and contributions from all sectors of the community—schools, parents, youth, government, healthcare, faith, law enforcement, youth-serving organizations and more—to transform the environment around our youth so that the drug-free choice is the easy choice.

### OUR STRATEGIES

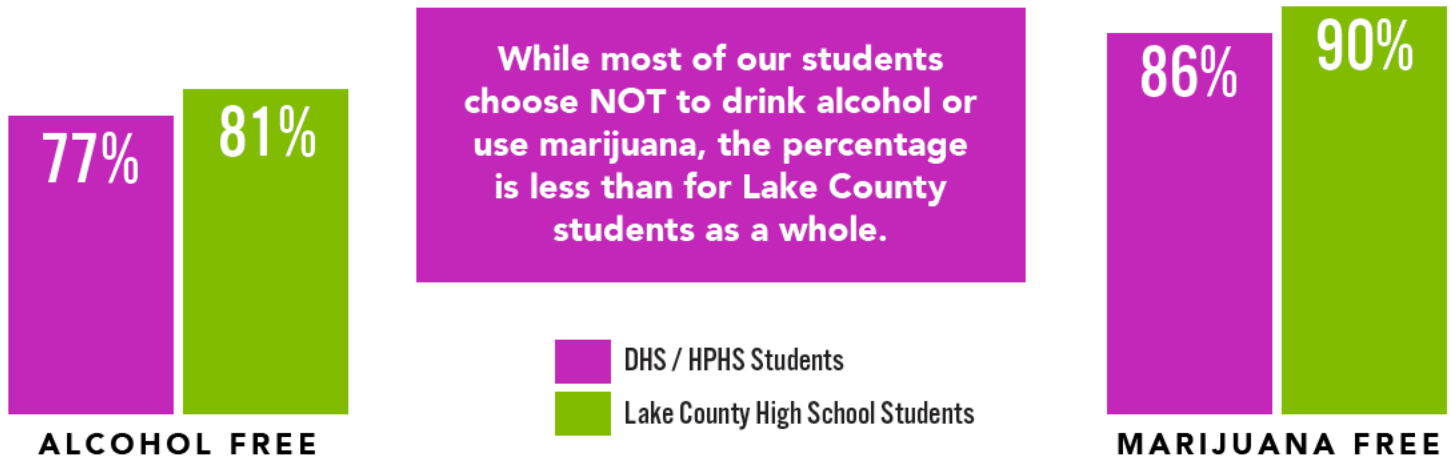
To reduce youth substance use, CTAD leverages the knowledge, skills, and resources of our diverse community representatives to:

- ▶ **Provide** information and resources
- ▶ **Enhance** drug prevention skills of teachers, coaches, parents and student leaders
- ▶ **Advocate for and support** proven drug prevention programs
- ▶ **Change** consequences of drug use
- ▶ **Increase incentives** for drug-free choices
- ▶ **Modify and enforce** policies regarding alcohol and drug use among youth in the schools and community



# DRUG & ALCOHOL-FREE YOUTH

AT DEERFIELD & HIGHLAND PARK HIGH SCHOOLS



2022 Illinois Youth Survey, Percent of 1,797 DHS & HPHS students in 9th, 10th, 11th & 12th grade compared to percent of 8,745 Lake County students in 10th & 12th grade who responded they did not use alcohol or marijuana in the previous 30 days.

## THE GOOD NEWS

The good news is that the majority of students in our communities make the healthy choice to avoid drugs and alcohol. According to the Illinois Youth Survey conducted in March 2022:

- ▶ **3 out of 4 (77%) of DHS & HPHS students choose not to drink alcohol**
- ▶ **6 out of 7 (86%) report not using marijuana** in the past month
- ▶ **Misuse of prescription drugs is very low** – less than 2% of students

## CTAD CONCERNS

CTAD wants to ensure our youth have a strong, healthy future. One thing that can stand in the way of that is alcohol and marijuana use. These are the most commonly used drugs among our students and are associated with:

- ▶ Difficulties with learning, memory and concentration
- ▶ Interference with teen brain development
- ▶ Irregular sleep patterns and hampered muscle growth
- ▶ Greater likelihood of other risky drug use and addiction in adulthood
- ▶ Increased risk of injuries, car crashes and unplanned/unwanted sexual activity

## VOLUNTEER!

Help us reach youth in your circle. Work with parents, the faith community, media, or evaluation. Plan events, strengthen our online presence, write articles, or conduct research.

## WE WANT TO HEAR FROM YOU!

Please contact us with comments, questions, or to join our efforts.

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