











- Nonprofits can purchase high quality files that can be edited in Adobe Acrobat or Illustrator for use in their own community. Quantity discounts may be available for those with budget constraints.
- Posters available in English and Spanish in 8 ½ x 11 and 11 x 17 sizes for \$80 per language (both sizes).
- 6 social media images (3 Talk, 2 Monitor, 1 Secure) available in two sizes for Facebook and Twitter for \$80.
- See page 2 for activity sheets. Set of 4 activity sheets available for \$80 per language.
- Contact info@CommunityTheAntiDrug.org or 224-765-CTAD (2823)

## WHO KNOWS WHO THE BEST?

Quiz each other to find out! The more correct answers, the better you know each other.



What's my middle name? What's my favorite food? Am I a dog or cat person? What's my least favorite chore? What am I most afraid of?



# PARENTS ARE #1

Parents are the #1 influence in a child's decision not to drink or misuse drugs. Most high school students surveyed believe their parents think it's wrong for them to drink alcohol.





ACTIVITY: Role play ways to exit an uncomfortable situation or say "no thanks" if someone offers alcohol to a teen or tween.



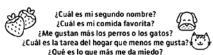


# ¿QUIÉN CONOCE A QUIÉN MEJOR?

**HELP TEENS STAY** 

DRUG-FREE

¡Háganse la prueba mutuamente para saberlo! Entre más respuestas correctas, mejor se conocen.



#### LOS PADRES SON LOS N.º 1

Los padres son la influencia n.º 1 en la decisión de un niño de no beber ni consumir drogas. La mayoría de los estudiantes de secundaria encuestados creen que sus padres piensan que está mal que ellos beban alcohol.



ACTIVIDAD: Practiquen formas de salir de una situación incómoda o de decir "no gracias" si alguien ofrece alcohol a un adolescente o preadolescente.

### HORA DEL REVOLTIJO DE LA COMIDA

Descifre cada una de las palabras claves. Escriba las letras encima de las líneas numeradas en las líneas encima del mismo número. Respuestas al reverso.

TIME FOR DINNER JUMBLE

the numbered lines on lines above the same number.

Answers on the back.

**HPTATGISE** 

STAOC

TESKA

ZAIZP

RIMSHP

IDREF CREI

Unscramble each of the clue words. Write the letters above

CTSOA 3 7 7
10 1 (   🔾   )
PAIZZ 8
NARCOMA
RAZOR FTIRO
D L 5 6 7 8 9 10 11





Are you struggling with depression, anxiety, grief or alcohol or other drugs?





Call the Lifeline at

1-800-273-TALK (8255)

- . Free
- 24/7
- · Confidential
- . Trained Counselors
- . For You or to Help a Friend



The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential support to people in suicidal crisis or emotional distress. Online chat is also available on the website: suicidepreventionlifeline.org

#### GET INVOLVED!

our voice matters. If you find our resources useful, please consider donating or volunteering

LOOKS DELICIOUS

TIME FOR DINNER JUMBLE ANSWER KEY: SPACHETTI, TACOS, STEAK, PIZZA, SHRIMP, FRIED RICE,

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¿Está luchando contra depresión, ansiedad, tristeza, o alcohol u otras drogas?





Llame a Lifeline al

1-800-273-TALK (8255)

- · Gratis
- 24/7
- · Confidencial
- · Conseieros capacitados
- · Para usted o para ayudar a un amigo



National Suicide Prevention Lifeline es una red nacional de centros para crisis locales que ofrece apoyo gratuito y confidencial a las personas en crisis suicida o con angustia emocional. También está disponible un chat en línea en el sitio web: suicidepreventionlifeline.org

Su opinión es importante. Si usted encuentra útiles nuestros recursos. considere donar o participar como voluntario

> ESPAGUETI, TACOS, BISTEC, PIZZA, CAMARON, ARROZ FRITO, ESTA DELICIOSO RESPUESTAS DE LA HORA DEL REVOLTIJO DE LA COMIDA:

- Four different versions of the activity sheets each include: Who Knows Who Best, conversation starter, puzzle (Jumble, Word Scramble, Word Search & Dots and Boxes), "Talk, Monitor, Secure" parent tip and promotion of a support line. For distribution with restaurant take-out orders, food bank pick up and/or at family events.
- Available in English only or Bilingual with Spanish. Two activity sheets per 8 ½ x 11 page, printed back to back, can be cut or folded in half.
- All files provided in high quality PDF that can be edited in Adobe Acrobat or Illustrator.
- See page 1 for matching poster, social media graphics and pricing. Contact info@CommunityTheAntiDrug.org or 224-765-CTAD (2823)