BA BA BA COHOL FREE COM S **I PARTIES** SNUU TIPS FOR PARENTS ANO DNIG33

Parties are an important part of young people's lives for socialization, relaxation, and entertainment. Parenting teens can be challenging but know that you are not alone. Parents have the right to expect that social situations remain free from alcohol/drug use and other risk-taking behaviors. This guide is intended to provide tips that help protect both you and your teen.

93% 88% 66% do not allow of parents have do not allow their their teens to clear rules about teens to drink attend parties teen alcohol and even with adult where underage drinking occurs drug use supervision

2018 survey of 515 District 113 parents

LOCAL CURFEW FOR TEENS UNDER 18 (17 IN HIGHWOOD)

Illinois driving curfew is one hour earlier.

HOSTING A PARTY

- Set ground rules with your teen and his/her friends before the party. Lay out clear expectations and specify consequences if expectations are not met.
- Encourage small parties that are invitation only as they are easier to control and monitor. Do not allow last minute changes.
- Contact parents of all attendees via phone or email before the party. Share expectations of a sober event and ask parents to share with their teens. Invite parents to stop by and help chaperone. If a teen is sleeping over, ask the parents to check bags prior to leaving their home. Obtain cell phone information for all attendees' parents.
- Check your entire home for hidden substances prior to the party, including all entrances, bushes around the outside of the house, removable ceiling tiles, window sills, storage areas, etc. Remove access to alcohol and prescription drugs inside the home.
- Inform attendees that anyone who leaves the party will not be allowed to return. If this happens, notify the guest's parents.

- Notify the neighbors and police when planning a large party.
- Have at least one adult chaperone present and visible throughout the party. Do not allow siblings to chaperone, even if they're over 18. Check in on party guests often and replenish food and beverages.
- Monitor all entrances/exits and watch for prolonged activity away from the party (i.e., outdoors, bathrooms). Do not have your own guests over unless they agree to help chaperone.
- Be alert for signs of alcohol or other drug use. If you suspect a teen is intoxicated, call his/her parents and if necessary call 911.
- Consider enlisting police help if the party gets out of hand. If the hosts or owners of a residence where underage drinking is occurring, contact the police for assistance in safely removing offenders (before a formal complaint is received), they are better positioned to avoid prosecution for a state statute violation.

Community - The Anti-Drug Coalition is a 501(c)3 nonprofit working to reduce the use of alcohol, marijuana and other drugs among our youth. We strive to make the drug-free choice the easy choice.

CommunityTheAntiDrug.org

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WHEN YOUR TEEN ATTENDS A PARTY

- Contact the parents of the party host to verify plans and that no drugs or alcohol will be permitted. Don't be afraid to communicate your family's "no use" rules. Offer to help chaperone and/or bring food, beverages.
- Know where the party is and confirm your teen is there. Let your teen know to call/text you with any change in plans. Ask your teen to call you from the host parent's home phone or consider obtaining a GPS "app" to monitor the location of your teen's cell phone.
- Help your teen feel comfortable to call home for a ride or assistance. Establish code words with your teen so you know when they need you.

- Be awake when your teen comes home, or have your teen wake you when he/she arrives. Talk to your teen and inquire about the party. Night time is often when teens are most talkative.
- Check the ending time to make sure it fits with your town's curfew restrictions. Talk to your teen about allowing enough time to drive home safely before curfew.
- If your teen is staying overnight, make plans prior to the party with the host parent. Consider a no-sleepover policy for parties as this is often how teens keep their alcohol and drug use hidden from their parents.

WHEN PARENTS ARE AWAY

Teens, even seniors in high school, still need supervision when you are away. Make sure it is provided. Many parties occur at the homes of teens whose parents are out of town. Remember, even if you are not present, you can still be held liable for social hosting. Before you leave:

- Set clear rules with your teen that no parties or friends are allowed in your home when an authorized adult is not present.
- Let police know when you will leave, who has access to your house, and when you will return.
- Let neighbors know when you will be gone and when you will return. Make sure they know how to contact you.
- Tell parents of your teen's friends when you will be away.

HOST CONSEQUENCES

The Illinois Social Host Law holds parents or other adults accountable for knowingly permitting underage youth to consume alcoholic beverages at their residence or on other property they own or otherwise control. The law sends a message that hosting underage drinking parties is unacceptable conduct, empowers concerned citizens to report suspected underage drinking, and provides law enforcement with a tool to address underage drinking parties that are a threat to public health.

- **Potential Fine:** \$500 up to \$25,000
- Potential Jail Time: 1 day up to 3 years
- Additional Sanctions Available: Probation and/or Court Supervision
- Safe Harbor Provision: If the person who occupies a residence where underage drinking is occurring contacts the police for assistance in removing the offenders (before anyone else makes a formal complaint) the person may avoid prosecution for a violation of the statute.
- If a minor who was drinking at your house injures or kills someone, you could be held liable of a Class 4 felony, which could result in both a fine and/or jail time.

For local social host ordinance information, check with your police department.



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